

2023 Saskatchewan Summer Swimming Provincials

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2023 SUMMER SWIMMING PROVINCIALS HOSTED BY SASKATOON SHARKS



July 13/23

SANCTION NUMBER: 39601

- Swimming Canada Warm-up Competition Safety Procedures will be in effect at this competition. [Link](#)
- Current Swimming Canada Rules will apply except as specifically modified in this meet package - [Rules](#)
- World Para Swimming Rules and Regulations will apply for any Classified Para swimmers – [Rules](#)

DATE: July 29 & 30, 2023

TIMES: Warmups Start Time: 8:00 – 9:45 am
Session 1 Competition Start Time: 10:00 am
Session 2 Competition Start Time: 10:00 am
Coaches Meeting: 7:45 am
Officials Meeting: 9:15 am

****Meet management reserves the right to change warm-up times once entries are received.**

****Meet management reserves the right to change session start times once entries are received. Coaches will be notified should session times change.**

LOCATION: The Shaw Centre
122 Bowlt Crescent, Saskatoon, SK Phone:306-975-7744

FACILITY: 25 Metre, 10 Lanes, Indoor Pool (Only 6 lanes will be used for Provincials)
Non-turbulent Lane Markers, Daktronics Touch Pads
Hy-Tek Meet Manager Software

Depth at start end 4.85 Metre Depth at turn end: 3.05 Metre

MEET MANAGER: Ryan Clark
rsclark@gmail.com 639-590-7926

CO-MEET MANAGER: Trevor Scott
scott51697@gmail.com 306-371-9065

OFFICIALS COORDINATOR:
Trona Guenther
tronajanelle@gmail.com 306-260-7400

OFFICIALS: Click here to sign up to officiate: <https://signup.com/go/dTpVBys>

Please indicate ALL positions you are qualified to work as well as the session(s) you are available to work.

Visiting clubs with certified officials are encouraged to volunteer to officiate.
If an individual has a certain position that he/she would like to work so that he/she can progress to the next certification level, the individual is to contact Meet Manager/Officials Coordinator to request to work that position.

Officials will be provided snacks, lunch and water.

MEET FORMAT: Full



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ELIGIBILITY:

Open only to swimmers registered as Summer Swimmers in the province of Saskatchewan

The top six swimmers in each event at the Northern Semi-Finals and the Southern Semi-Finals will qualify for the finals. Swimmers may only advance from Semis to Finals in 2 out of the 3 Freestyle events.

If a qualifying or alternate swimmer cannot attend, the next best swimmer completing the event and without disqualification at the appropriate semi-final may attend as an alternate swimmer.

In the event that either the North region or the South region does not have 6 qualified swimmers or alternates after Semi Finals for each event, the region in deficit for that event shall draw qualified alternate swimmers from the region in surplus beginning with the next fastest swimmer. These swimmers shall be listed as a Region Alternate in the swim program.

Region Alternate swimmers shall be permitted to swim as alternates for both the North Region and/or the South Region in the same meet up to the maximum permissible number of individual and relay team events with only 2 of the maximum individual events may be freestyle events.

Points awarded to Region Alternates shall be accumulated for the Region under which they are swimming which will be used in the calculation for the Team High Point Trophy, the Halliday Cup. Points earned by Region Alternates will also remain with the swimmer and be used in the calculation of all other awards, ribbons or medals for that swimmer.

Entries will only be accepted for Summer swimmers who are currently registered in the Swimming Canada registration database and having a Swimming Canada 9-digit registration ID number.

Only swimmers 7 years of age and older may compete in sanctioned competitions. Swimmers must be at least 7 years old as of April 30, 2023.

INELIGIBILITY:

As per policy SC-2 Winter swimmers that have joined a summer club are only allowed to compete as exhibition at Club Invitational meets; therefore, they are not allowed to compete at Provincials.

ENTRY DEADLINE:

It is the responsibility of each club to let Saskatoon Sharks Meet Manager(s) know of any athletes who qualified but are unable to attend by **9 PM on Monday July 24, 2023**. No refunds provided for scratches after the swimmer has accepted a qualified spot.

ENTRY FEES:

Entry fees: **\$85/swimmer (includes banquet ticket for swimmer)**

Please make cheque payable to **Saskatoon Sharks Summer Swim Club** or send e-transfer to: saskatoonsharks@hotmail.com

No refunds provided for scratches after the meet entry deadline.

BANQUET FEES:

Extra banquet tickets will be available. Each club must submit the number of banquet tickets they would like by Tuesday July 25, 2023 at 8 PM. For the cost of tickets, please refer to <https://www.saskatoonsharks.com/2023provincials>. This is when the Medal ceremony will be held for Saturday's events.



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ENTRIES:

North and South Semi Finals Meet Managers are to send the completed Hy-Tek Meet Manager backup file as soon as possible after the conclusion of Semi Finals to saskatoonsharks@hotmail.com to the meet manager along with names of any swimmers who qualified for Finals but are unable to attend.

Swim times must be entered in short course meters.

Swimmers are limited to a maximum of 5 individual events plus relays.
Swimmers may only advance from Semis to Finals in 2 out of the 3 Freestyle events.

Relay team's members will be selected from qualifying or alternate swimmers attending the finals.

RELAY ENTRIES:

Relay swimmers must have advanced from Semis and be properly entered in at least 1 individual event at Finals.

North and South Coaches (coaches from the club that hosted Semis) are responsible for the final selection and submission of relay cards at Provincials.
The North and South coaches may delegate relay team selection to other coaches.
The North and South Head Coaches, coach the relay teams together with the other club coaches.

Club coaches are responsible for coaching all other events and responding to DQ's.

North and South coaches are requested to submit the relay cards with names as soon as possible but no later than the end of the lunch break the day the relay is being held.

In addition to swimming in a relay in their own age category, swimmers may swim up an age category to fill a vacancy in a higher age group.

Up to two (2) swimmers from a younger age category may be moved to be part of a relay team in an older age group.

For the Open Relay all swimmers aged 18 & over must be placed on the relay team first, before filling the team with younger aged swimmers.

For provincial finals ALL relays are gender specific, including 7 and 8 relays.

DECK ENTRIES:

Deck Entries are not allowed.

COMPETITION:

All events will be swum as time finals.

Events will be swum via the following age categories:
Individual events will be swum via the following age categories:
7 & 8, 9 & 10, 11 & 12, 13 & 14, 15 – 17, and 18 & Over

Relay events will be swum via the following age categories:
7 & 8, 9 & 10, 11 & 12, 13 & 14, 15 – 17, and Open

Meet management reserves the right to combine events and/or heats as necessary.

EVENTS:

A List of Events can be found at the end of this document.



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SEEDING:

All events will be seeded by age and time and will swim slowest to fastest. The individual swimmers will be seeded from the times swum at the semifinal meets in accordance with CSW 3.4 for time-finals.

Male and female events will be swum separately.

The Provincial Relays will be seeded as follows:

Women:	Men:
Lane 2 North B team	Lane 2 North B Team
Lane 3 North A team	Lane 3 North A Team
Lane 4 South A team	Lane 4 South A Team
Lane 5 South B team	Lane 5 South B Team

START:

Starts will be conducted from Starting Platforms (blocks) as per FINA FR 2.3 and SW 4.1

At the Referee's discretion, swimmers may be required to stay in the water, along the lane ropes, at the completion of their race to allow for the next heat to begin, with the exception of backstroke and relays.

SCRATCHES:

a) Initial scratches from Semi Finals must be submitted at the conclusion of Semis, to the Semis meet manager.

b) The last scratch deadline for scratches for Finals is **9:00 p.m. Monday** prior to Provincial Finals.

c) Penalties: Scratches after this Monday deadline as well as all step-downs, no-shows, and unexcused incomplete swims (as determined by the referee) on the day of the competition will result in the offending swimmer being scratched from all remaining events, including relays, scheduled for that day.

d) In the event that a swimmer has been scratched from his/her remaining events for the day, as per item "c" above, that swimmer will be ineligible for swimming in relays as well. The team may substitute another eligible swimmer, to replace the in-eligible swimmer. The substitution name must be submitted within 30 minutes of the disqualification. If the substitution is not received within this timeframe, then the relay will be considered scratched and not eligible to swim.

e) Alternate Swimmers: In Finals, if a swimmer has not reported to the blocks when the race is called, the Referee shall have the alternate called immediately, who shall become one of the finalists. Alternates MUST report to the Clerk of Course when the event is called for marshalling and be ready to swim if necessary.

SCORING:

Scoring for individual events will be for first to twelfth place as follows:

13-11-10-9-8-7-6-5-4-3-2-1

Scoring for relays for first to third place as follows: 12-10-9.

Points awarded to Region Alternates shall be accumulated for the Region under which they are swimming which will be used in the calculation for the Team High Point Trophy, the Halliday Cup. Points earned by Region Alternates will also remain with the swimmer and be used in the calculation of all other awards, ribbons, or medals for that swimmer.

Swimmers who swim in events out of their age group may only be awarded points if the event is not offered in their own age group.



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AWARDS:

Medals awarded for 1st to 3rd in individual and relay events
Ribbons awarded for 4th to 6th place in individual events

Individual High point award, will be awarded to the individual earning most aggregate points in each age group, in both male & female categories at the end of both days of competition

The Halliday Cup will be awarded to the north or south team earning the most points at the end of both days of competition.

The Harry Bailey Trophy, will be awarded to the club winning the most points in individual events at the end of both days of competition.

The Betty Lou Dean Trophy, for small club earning the most points at the meet in individual events at the end of both days of competition.

The Rich Mathison Award is to be awarded for coaches reaching 10 years of coaching with summer swimming and are in good standing.

Points awarded to Region Alternates shall be accumulated for the Region under which they are swimming which will be used in the calculation for the Team High Point Trophy, the Halliday Cup. Points earned by Region Alternates will also remain with the swimmer and be used in the calculation of all other awards, ribbons or medals for that swimmer.

RESULTS:

Results for individual events will be done via the following age groups as per the summer swimming technical package item 3.1:
7 & 8; 9 & 10; 11 & 12; 13 & 14; 15 – 17; 18 & Over

Relay results will be done via the following age groups:
7 & 8; 9 & 10; 11 & 12; 13 & 14; 15 – 17 and Open

“Unofficial results will be available on Meet Mobile”

Official results will be posted on the south window of the pool, nearest the west deck entry door. Additionally, PDF copies will be posted at www.saskatoonsharks.com/provincialresults

Result file will be uploaded to the Swimming Canada RTR within 24 hours of conclusion of meet; coaches may access results from there.

PROTESTS:

All infractions will be reported to the Referee and the Referee will report the disqualifications to the coaches or disqualifications maybe announced through the P.A. system.

Only a team's coach may approach the Referees about a decision or complaint and may submit protests as per *SNC RULE GR 9.2*.

PROGRAMS:

Will be printed for coaches.
\$5 per hard copy available at the raffle table.
Meet Mobile will be used at this meet.

COVID-19 SAFETY:

Swimmers, coaches, officials, and volunteers are not to participate if sick or symptomatic.

Rapid Tests

If not feeling well, even if it is just cold symptoms, then all swimmers, coaches, officials and volunteers are asked to administer a home rapid test prior to attending a swim meet. You must stay home if test is positive. If test is negative but are feeling sick/symptomatic then please stay home.

Swim meets will prioritize athletes, coaches and officials on the pool deck.



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Masking

Swim Sask supports a mask friendly environment. Mask use is a personal choice. Everyone must be kind and respectful of individuals' choices.

Spectators

Spectators are allowed to view the meet from the upper deck stands as well as the hallway area on the south side of the pool where the glass wall is located. Spectators will not be allowed on deck.

MEET SAFETY RULES:

Safety marshals will be on deck during warm-ups.
During warm-ups, no swimmer shall enter the pool by a dive.

Exception: During the last 5 minutes of the warm-up period, all lanes will be designated for diving to reduce gathering. During this period, diving and one-way swimming will only be allowed. After the dive the swimmer must swim to end of pool and exit the pool.

PHOTOGRAPHY/VIDEOGRAPHY:

- a. In order to minimize risk, all photographs and video taken at Swimming Canada/Swim Saskatchewan sanctioned competitions, whether taken by a professional photographer or videographer, spectator, team support staff or any other participant, must observe generally accepted standards of decency. Under no circumstances are cameras or other recording devices allowed in the area immediately behind the starting blocks during practice or competition starts, or in locker rooms, bathrooms, or any other dressing area.
- b. For full details see the Event Photography and Videography Procedure Policy found [HERE](#)
- c. Clubs may appoint one official photographer for their club to be granted access to a designated area/working deck. Please contact Meet Manager prior to the competition for permission.
- d. Meet Management may issue an accreditation/name tag identifying such person. If a tag is issued; then it must be worn at all times.

SAFE SPORT:

- a. Swimming Canada and Swim Saskatchewan believes that athletes, coaches, officials, support staff and volunteers have the right to participate in a safe and inclusive sport environment that is free of abuse, harassment, and discrimination.
Swimming Canada Safe Sport Policy found [HERE](#) and other Safe Sport Resources [HERE](#).
- b. Only participating swimmers, officials, registered coaches, and authorized people are allowed on deck.
- c. Swim Saskatchewan and Swimming Canada have signed onto the Responsible Coaching Movement, which means that all interactions between an athlete and an individual who is in a position of trust should normally, and wherever possible, be in an environment that is both "open" and "observable" to others.

OTHER MEET RELATED INFORMATION:

BANQUET:

A buffet style banquet will be held on Saturday July 29, 2023 at:
TCU Place 35 – 22nd Street E.
Doors open at 5:00 pm, Meal served at 6:15 pm

CONCESSION:

There will be no concession at The Shaw Centre.



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NEARBY FOOD OPTIONS:

Blairmore

- Subway
- The Chopped Leaf
- Boston Pizza
- Montana's
- Dairy Queen
- Wok Box
- Tim Horton's

Kensington

- Save-On-Foods
- Popeyes
- BarBurrrito
- A&W

Confederation

- Starbucks
- McDonald's
- Burger King
- Quesada Burritos & Tacos

ACCOMODATIONS: Please use one of the following three hotels offering special rates.

Holiday Inn Downtown – 101 Pacific Ave. (306) 986-5000

Group rate code: SSS

Rate: \$140 – 2 Queen room

Park Town Hotel – 924 Spadina Cres E. (306) 244-5564

Group attendee code: 2307SSSP

Rate: \$134 - \$154 – 2 Queen room

Saskatoon Inn – 2002 Airport Drive (306) 242-1440

Attendee code: 202307SWIM

Rate: \$129 – 2 Queen room



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LIST OF EVENTS:

**Session # 1
Saturday July 29th, 2023
Warm Ups 8:00-9:45am Start 10:00am**

Girl's Event #'s	Age	Event	Boy's Event #'s
1	11 & 12	200 Free	2
3	13 & 14	200 Free	4
5	15 – 17	200 Free	6
7	18 & Over	200 Free	8
9	7 & 8	50 Back	10
11	9 & 10	100 Back	12
13	11 & 12	100 Back	14
15	13 & 14	200 Back	16
17	15 – 17	200 Back	18
19	18 & Over	200 Back	20
21	7 & 8	25 Fly	22
23	9 & 10	25 Fly	24
25	11 & 12	25 Fly	26
27	13 & 14	50 Fly	28
29	15 – 17	50 Fly	30
31	18 & Over	50 Fly	32
33	7 & 8	25 Breast	34
35	9 & 10	50 Breast	36
37	11 & 12	50 Breast	38
39	13 & 14	100 Breast	40
41	15 – 17	100 Breast	42
43	18 & Over	100 Breast	44
45	7 & 8	50 Free	46
47	9 & 10	100 Free	48
49	11 & 12	100 Free	50
51	13 & 14	100 Free	52
53	15 – 17	100 Free	54
55	18 & Over	100 Free	56
129	7 & 8	100 Medley Relay	130
131	9 & 10	200 Medley Relay	132
133	11 & 12	200 Medley Relay	134
135	13 & 14	200 Medley Relay	136
137	15 – 17	200 Medley Relay	138
139	Open **	200 Medley Relay	140



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Session # 2
Sunday July 30th, 2023
Warm Ups 8:00-9:45am Start 10:00am

Girl's Event #'s	Age	Event	Boy's Event #'s
57	7 & 8	25 Back	58
59	9 & 10	50 Back	60
61	11 & 12	50 Back	62
63	13 & 14	100 Back	64
65	15 – 17	100 Back	66
67	18 & Over	100 Back	68
69	7 & 8	50 Fly	70
71	9 & 10	50 Fly	72
73	11 & 12	50 Fly	74
75	13 & 14	100 Fly	76
77	15 – 17	100 Fly	78
79	18 & Over	100 Fly	80
81	7 & 8	50 Breast	82
83	9 & 10	100 Breast	84
85	11 & 12	100 Breast	86
87	13 & 14	200 Breast	88
89	15 – 17	200 Breast	90
91	18 & Over	200 Breast	92
93	7 & 8	25 Free	94
95	9 & 10	50 Free	96
97	11 & 12	50 Free	98
99	13 & 14	50 Free	100
101	15 – 17	50 Free	102
103	18 & Over	50 Free	104
105	7 & 8	100 IM	106
107	9 & 10	100 IM	108
109	11 & 12	200 IM	110
111	13 & 14	200 IM	112
113	15 – 17	200 IM	114
115	18 & Over	200 IM	116
117	7 & 8	100 Free Relay	118
119	9 & 10	200 Free Relay	120
121	11 & 12	200 Free Relay	122
123	13 & 14	200 Free Relay	124
125	15 – 17	200 Free Relay	126
127	Open **	200 Free Relay	128



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CODE OF CONDUCT

The behavior of all persons (swimmers, coaches, volunteers, officials and spectators) in attendance at a sanctioned swim meet must abide by the Swim Sask Member Code of Conduct and Harassment Policy – see Swim Saskatchewan Board Policy M-3 which can be found on the Swim Sask website [HERE](#)

CODE OF ETHICS

All persons participating or competing in the Swim Saskatchewan Summer Swimming program are asked to comply at all times with the spirit and intent of these rules. Thus, through their individual and collective demonstration of sportsmanship and fair play in action, the achievements of Summer Swimming purposes may be enhanced.

1. *Each pool has a dedicated group of parents who work hard to make the meets run smoothly. Because all Clubs involved in the Summer Swimming Program have pools built primarily for recreation, none are ideal for competitive swim meets. Also, most pools have rules set by others than just swim club parents. If you are a visitor, be tolerant of problems and difficulties of the home team. They have to live with their pool and its problems more often than you do. If you have a suggestion for a solution to a problem, offer it tactfully. Gripping about things that can't be changed, accomplishes nothing.*

2. *Remember, all officials are volunteers. Assume that each official is doing his/her best to be accurate. Nothing is gained by challenging a judgment different from the one you think you would have made.*

If you are not a team representative and you think that there is an impropriety, a mistake or an unfair decision, take it up with the right person - usually your team coach or Club President. These are the people you have chosen to represent your team. They may be able to explain a puzzling action or decision and if a protest needs to be made, they are the ones authorized to take such action.

3. *Remember that rules are made to provide a basis for fair competition and to help meets run smoothly. Use of rules to prove superior knowledge, harass the other team or to move the competition from the swimmers in the pool to the officials on the deck, frustrates the reason for rules.*

4. *Don't jump to conclusions. If the actions of a spectator, swimmer, coach or official seems strange to you, find out what the person is doing and why before assuming wrongdoing on his/her part.*

5. *Anyone can make a mistake - even you! If the error is made by another, correct it courteously through proper channels.*

6. *Officials and swimmers work close together. Even mumbled words may reach many ears. Watch your language!*

7. *It is strongly recommended that visiting teams observe and heed the host pool's rules and regulations pertaining to the safety and the conduct of its members, before, during and after all Summer Swimming meets.*